



## Inclusive education and SEL Why?

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### What does inclusion mean to you?

What is Socio-Emotional Intelligence (SEL)?



#### 1. The European Context



#### 2. What does the term "inclusion" really means?

#### 3. Why?



### The European Context



European policies highlighted inclusive education as one of the most important educational imperatives for the development of quality and equity in education. Inclusive Education is the guiding principle of European Schools, which serve a diverse and mobile pupil population and offer diverse/flexible teaching and learning approaches adapted to children with different learning profiles. This is particularly important to prevent school dropout. Underachievement and school failure incur long-term costs for countries communities and individuals (European Council recommendation, 22 May 2018 on promoting common values, inclusive education and the European dimension of teaching).

### What do we mean by "inclusive teaching?"



When we talk about inclusive teaching, we imply the reconceptualization or reframing of the entire teaching approach according to the principles of inclusion.

Thus, inclusion is

(also) the creation and recreation of teaching materials according to the criteria of accessibility and representativeness.

But ...only this?

#### Inclusion and SEL



There is a widespread prejudice on the concept of "inclusion". The term "inclusion" commonly refers to belonging to a variously constituted group of people, and to feeling welcome and welcomed within it. Obviously, what we want to avoid is the discrimination of individuals based on ethnicity, place of origin, gender, sexual orientation, religion, disability, economic and socio-cultural background. Essentially, the term inclusion should refer to all of us. Because we are different, all

different even in our standardizations. Creating a system that reflects and celebrates diversity will allow all of us to experience and develop a sense of well-being. That's why paying attention to SEL is important.

#### School Environment



Within the school environment, the goal is the exactly the same: to overcome cognitive, social, linguistic and emotional barriers in the learning environment, to create an inclusive space for students and to prevent early school leaving. Teachers must strive to create a system that reflects and celebrates diversity and allows children to reach the highest goals they can.

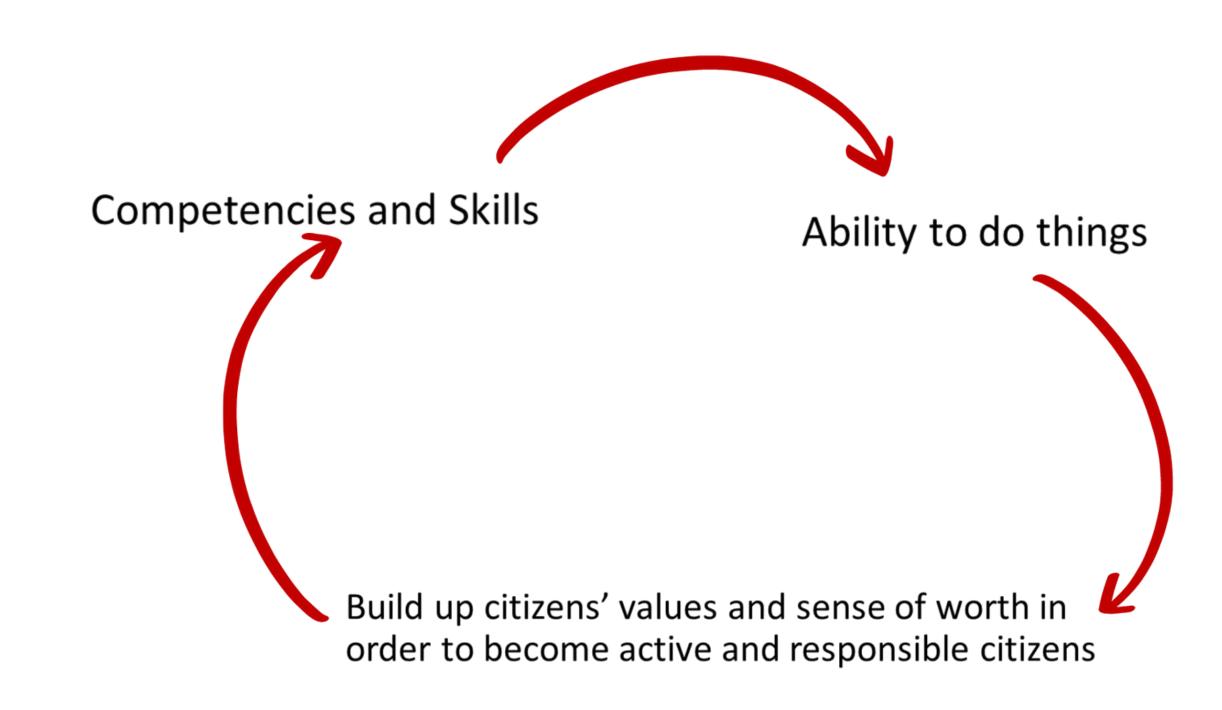
# Why Inclusive Education? Some Key Concepts



- It facilitates non-standarisation
- It guarantees equal opportunities
- It fulfills the needs of all students in mixed-ability classes
- It meets different formative and educational needs

# Formative Needs /Educational Needs

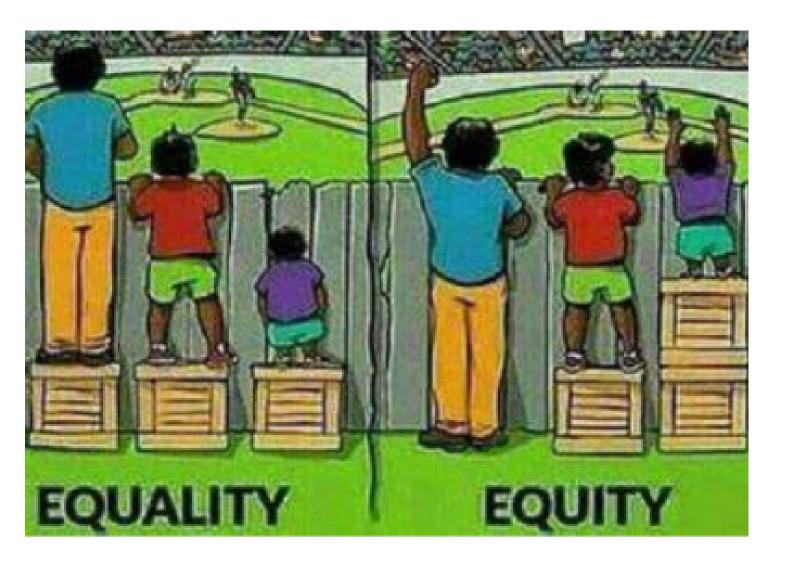








Everybody should be given the chance to get better and be successful



Being successful is the key.

The main formative need is promoting positive motivational beliefs and self-esteem

#### How can we achieve this?



- Introduce socio-emotional learning in curricula
- Develop innovative strategic models to manage multi-level and multicultural classes in which differences (cognitive styles, multiple intelligences, personalities, background, emotions etc.) are the basis to devise learning units.
- It fulfills the needs of all students in mixed-ability classes
- It meets different formative and educational needs

## Do teachers have to change their teaching style completely?



ABSOLUTELY NOT! The course does not ask you to change your teaching style.

It is just about implementing some activities in the teaching unit framework all teachers are familiar with. It asks you to focus more on activities you are most probably already involved in, whilst guiding you on how to prepare and plan them in more detail and repeat them in class.

It is about EMBEDDING SEL and inclusion in the curriculum, in your day-to-day practice, and in what you already do!

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